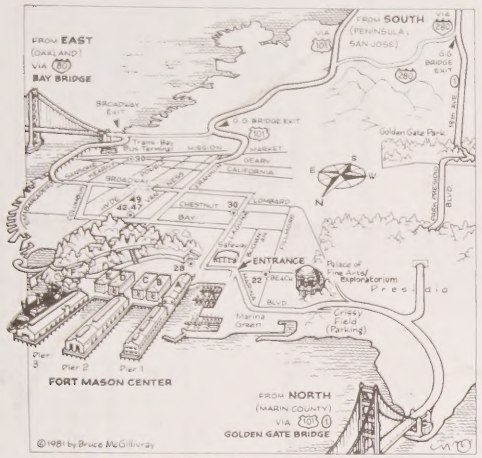

DIRECTIONS

East Bay-Bay Bridge to Main & Embarcadero Exit; right onto Harrison to Embarcadero & turn left; Embarcadero (1.5 miles) to Bay & turn left; Bay to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.

Peninsula- US 101 North to 9th St. Exit; 9th to Hayes & turn left; Hayes to Franklin & turn right; Franklin to Bay & turn left; Bay to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.

TRANSPORTATION NUMBERS

East Bay-BART (Bay Area Rapid Transit) 788-2278
North Bay-Golden Gate Transit 457-3110
Peninsula-SamTrans 761-7000
San Francisco-Municipal Railway 673-6864.

INFORMATION LINE

Call 441-5705, Fort Mason Center's 24-hour information line, for a recorded message of current week's activities and events.

FORT MASON CENTER
15th ANNIVERSARY

Fort Mason Foundation
Building A, Fort Mason Center
San Francisco, CA 94123-1382

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DATED MATERIAL

FOR THE ARTS, HUMANITIES, RECREATION, EDUCATION AND ECOLOGY

FORT MASON CENTER

Pasión por Frida at The Mexican Museum, opening July 1.
Photo: Emmy Lou Packard

JULY 1992

1977 • Fifteen years as America's premier urban National Park • 1992

4TH OF JULY

Maria Muldaur and her Red Hot Bluesiana Band headline this year's Fourth of July Fireworks and Festivities at Crissy Field.

Main Stage acts, in addition to Muldaur, include the San Francisco 49ers Band with Dixieland jazz, Mango Jam with contemporary world music, Cool Papa with country blues, and the Sixth Army Band with patriotic tunes.

Master Juggler Ray Jason is featured at the Children's Stage, along with Chinese contortionist Zhuo Yue from the Pickle Family Circus, the Ferges Troupe trampoline artists, and songwriter Gary LaPow as Master of Ceremonies.

New this year is the Sciences and Cultures Activity Tent, with hands-on programs from local museums and conservation groups.

The annual celebration is sponsored by the National Park Service and the *San Francisco Chronicle*. The two stages run concurrently, Saturday afternoon from 4pm until the 25-minute fireworks display at 9:15pm.

Dress warmly and bring a flashlight. Parking is limited; additional bus service to the event is available. For more information, call 556-0575.

Mango Jam at Crissy Field on July 4.

AN ANCIENT GREEK TRAVESTY

The Bologna Medea, An Ancient Greek Travesty, is a madcap version of the classic tale of betrayal and revenge. The production, originally mounted outdoors by the San Francisco Shakespeare Festival, has been reworked and restaged for indoor performances. Fratelli Bologna (Richard Dupell, William Hall, John X. Heart and Drew Letchworth), with director Albert Takazauckas, take a comic stab at Medea.

The Bolognas dismember the story with weapons of fast-paced physical humor, rapid-fire wordplay, and character portrayals that appear to be ancient Greek cartoons. *The Bologna Medea* remains faithful to the rich classic themes of sexual politics, rejection, alienation and revenge. Johannes Mager, late of the world-famous Brass Band, is both composer and musical accompanist for this new production.

The title role of Medea is ruggedly and boisterously portrayed by John X. Heart. This king-size, muscular barbarian princess sputters, mutters, cackles and curses herself towards her unspeakable revenge. William Hall plays the preening Jason, the Classic Greek Hero who brought the Golden Fleece back to Greece and introduced Medea to the "civilized" world. He's "an obtuse, single-minded, vaulting brown-noser whose manly inability to experience feelings sets him up for Medea's bloody blindside."

The doomed sons, voiceless tykes in Euripides' original, are played as gawky adolescents by a quick-changing Drew Letchworth. Wally is his father's spitting image, right down to the shellacked pompadour and idiotic male homilies. Erick is a precocious and faithful mama's boy.

Richard Dupell plays the hapless family nurse, servant and confidant to Medea. Her pleas of moderation go unheeded. Medea's rage claims Nurse as another casualty, her fragile psyche sinking into a sea of insanity.

Albert Takazauckas is a veteran director of more than seventy productions of modern and classic comedy and drama, as well as opera. He received an Obie for his production of Mamet's *Sexual Perversity in Chicago* and three Drama-logue awards from Los Angeles.

During the past three years, Takazauckas has been honored by the Bay Area Critics' Circle for his staging of *Sharon and Billy, A Lie of the Mind* and *Breaking the Code.* Recent projects include directing major productions at ACT, the San Francisco Opera and Magic Theatre. He became Artistic Director for the San Francisco Shakespeare Festival last year.

Fratelli Bologna originated in 1979 as La Famiglia Bologna, presenting commedia dell' arte at the Renaissance Pleasure Faire. By 1982, they had become I Fratelli Bologna, appearing as the physically aggressive Press Corps in the movie *The Right Stuff.*

Three members of that group emerged in 1985 as Fratelli Bologna, and have gone on to appear separately and collectively in 9 major movies,15 TV shows, 29 commercials, 123 industrial films, and have entertained at over 300 parties, fairs and conventions, and one big theme park, which they identify only as Mickey's Place.

The Bologna Medea begins its run in the Cowell Theater with previews on July 8 and 9, Wednesday and Thursday at 8pm; July 10, Friday at 8pm is opening night; the regular run continues through July 26, Wednesday through Saturday 8pm, Sunday 2pm. Ticket prices are $8 for previews, $10 for Wednesday, Thursday and Sunday, $12 for Friday and Saturday. For information, call 392-4400.

FRINGE FESTIVAL

BAIT Fringe Festival is a two-day marathon of one-acts by thirteen independent theaters offering a rare concentration of theatrical experiences, from works by local playwrights to new interpretations of works by established names. The program demonstrates the range of possibilities offered by smaller theaters that larger ones cannot risk.

Bay Area Independent Theatres (BAIT) was organized in 1990 by the Theatre Services Committee of Theatre Bay Area, enabling the many small local performing companies to share solutions to common problems.

Participants in the Festival include Julian Theatre, California Fault-Zone, Ohlone College Theatre, Phoenix Theatre, Theatre Au Naturel, EXITheatre, Young Performers Theatre, New Traditions Theatre, Comedy Sportz, Cal State Hayward Theatre, Harvest Theatre, L'Eau Theque Productions and Tale Spinners Theater.

Young Performers Theatre, a Fort Mason resident, presents *And They All Lived Happily Ever After* as part of the Festival. The production, suitable for the whole family, is a journey with The Brothers Grimm conducted by YPT Executive Director Mathilda Kunin. It's a summer holiday of the imagination featuring such classics as Hansel and Gretel, The Golden Goose and Cinderella. The production runs July 11 through August 2, Saturday and Sunday at 1pm. Tickets are $4 for children 24 months through 12 years, $7 for 13 years and older.

BAIT Fringe Festival performances take place hourly on July 11 and 12, Saturday from 2 to 8pm, Sunday from 1 to 8pm, in Landmark Building C, Room 300. Tickets are $6 each, $22 for four plays, or a sampler ticket, $30 for six plays, available through the BAIT Fringe Box Office. For information, call 346-5550.

FIREWORKS FORUM

"Salutes, Pops and Chrysanthemums: Fireworks as a Traditional Art Form" is a different approach to a familiar subject.

Contemporary fireworks programs are usually commercial endeavors in the United States. Shells for the aerial displays are generally imported from a variety of countries; fireworks are electronically fired. Days of hand-mixing powders in back yards are a thing of the past.

In other parts of the world, however, fireworks continue to be a traditional art form, intrinsically tied to ritual celebrations.

A public forum and pyrotechnical display explore the history of fireworks, examining two separate ethnic traditions: Mexican religious festivities, and the former use of pyrotechnical displays at Portuguese American Holy Ghost *festas.* A film on the Mexican tradition is part of the program.

The evening concludes with a five-minute display of traditional Azorean American fireworks on the Great Meadow at Upper Fort Mason. Set pieces planned for the presentation include the Holy Ghost crown and the Tree of Liberty.

Forum participants are Dr. Stanley Brandes, UC Berkeley anthropologist, and Al Souza of Pyro Spectaculars. Mr. Souza's grandfather introduced fireworks to California in 1904 as part of Holy Ghost festivities. Karana Hattersley-Drayton, folklorist/consultant for the National Park Service, moderates the discussion.

The event takes place at 7:30pm on Wednesday, July 1, in the Conference Center, Landmark Building A. The program is sponsored by the Golden Gate National Recreation Area. Seating for the forum is on a first-come, first-served basis; no reservations will be accepted. A $2 donation is requested; refreshments will be served. Those attending are encouraged to bring a flashlight. For more information, call 556-0575.

FORT MASON CENTER is...

...totally spontaneous!

See Flash Family—100% Improvisation, July 10.

EARTHQUAKE REPAIR PROJECT

During the next few months, Buildings B, C, D and E will be undergoing repairs to loading platforms and ground-floor areas. The work is expected to be done in phases, to minimize the impact on continuing public use of facilities. Signs will be posted to assist in directing you around the site. We apologize for the inconvenience, and look forward to the newly-refurbished areas that will result from this project. Thanks for your patience.

CREATIVE ALLIANCE

Men of Letters poster series designed by Frazier and Casado for client Display Lettering + Copy.

The San Francisco Creative Alliance presents an evening with designer Craig Frazier and photographer John Casado.

Craig Frazier is owner and principal designer of Frazier Design. He is also a creative director and illustrator. His work has received awards and recognition from the New York, Los Angeles and San Francisco Art Directors Clubs, Design International, Chicago Society of Typographic Arts, Western Art Directors Club, New York Society of Illustrators, American Institute of Graphic Arts, and from the magazines *Graphis*, *Communication Arts*, *Print*, and *How*.

Frazier is a lecturer at the California College of Arts and Crafts in Oakland, and is a former officer in the San Francisco chapter of the American Institute of Graphic Arts.

John Casado has had an illustrious career as a graphic designer and has been widely recognized for his contributions to the field, such as the Esprit and Macintosh identities. John has been a photographer in Los Angeles since 1988. He photographs editorial, fashion, advertising and corporate assignments.

Craig and John began their collaboration on a series of posters for Display Lettering in 1991. During the past two years they have worked together on several brochures and annual reports. The range of projects has allowed them to evolve their collaborative approach beyond the traditional. They will discuss their most recent projects in the program on Tuesday, July 7 in Fort Mason's Conference Center, Landmark Building A.

In a 1991 interview by Marty Neumeier in *Communication Arts*, Frazier comments on his pragmatic, rather than esoteric, approach to design.

On meaning in design: "You look for the meaning, and the meaning becomes the design. All you have to do is to articulate it, to lay out the page. Designers too often jump directly into layout, worrying about how to make something look a certain way. There's a tendency to forget the meaning. The meaning is not what the page looks like, it's what it reads like and feels like."

On the "aha" theory of creativity: "I believe ideas reveal themselves. You don't conjure them up, you uncover them....The last phase is the evaluation of the ideas."

On sincerity in the graphic arts: "That's what's great about working for companies that make great products. Companies that ask you to be an image maker are companies that have no image. We don't make images. All we do is uncover them. Or give the company the courage to display its image."

Frazier concludes, "The poster on the wall behind me features a quote by Dizzy Gillespie. 'First you learn your instrument. Then you learn music. Then you forget both of those and just blow.'"

Doors open at 6:30pm; reception begins at 7pm; lecture begins at 7:30pm. Seating is limited. Tickets are $20 to $25 at the door, and include coffee, tea and light food. Beer and wine are available at an extra charge. For information, call 387-4040.

IMPACT OF AIDS

Few people today are not impacted in some way by the ever-widening AIDS epidemic. Most of the concern is focused on the person with HIV/AIDS, the families, lovers and friends. But many others also need support in dealing with the effects of this health crisis.

AIDS is an emotionally difficult disease to deal with. It often affects the young and the disenfranchised. Knowing someone with AIDS can mean seeing a person change from vibrant, active and healthy to someone going through a series of infections that age and debilitate, a patient who is frail and vulnerable and eventually dying. It is not something that people growing up in post-World War II America have been prepared to face.

Since AIDS was defined as a disease eleven years ago, more than 8,000 San Franciscans have died of it. Another 4,000 are presently living with the disease in various stages, and over 40,000 others are living with HIV infection.

Often unrecognized as being affected by this ever-widening circle are the co-workers, colleagues, neighbors, local merchants, members of the community, acquaintances, students and teachers of people with AIDS.

Health care professionals in particular, including physicians, nurses, psychotherapists, orderlies, technicians, receptionists, and ambulance drivers all deal with people with AIDS on an ongoing basis. The effect is often burnout, depression, anxiety, misdirected anger, increased substance use and abuse, and other inappropriate behaviors.

"Coping With the Emotional Aspects of AIDS" is a workshop that provides a place where all of those affected can come to understand the emotional impact on themselves and others, share their experiences and begin to find ways of dealing with the effect on their lives. Particular attention is paid to recognizing the impact, dealing with stress, going through the process of grieving and loss, and setting up a support system to deal with the future.

Michael Bettinger, Ph.D., M.F.C.C., conducts the workshop. He is a psychotherapist in private practice in San Francisco. For the past eleven years, he has worked closely with people with AIDS and others affected by the disease. He has twenty years experience as a psychotherapist, and is a graduate of the California Graduate School of Family Psychology.

The program is presented on Saturday, July 18 from 9am to 5pm in the Firehouse. Cost is $65. For information, call 771-8995.

Michael Bettinger

Conscious Caregiving
Photo: Raja Hornstein

THE JOY OF THE SPOKEN WORD

The best of the tellers of tall tales, from Farley's Cafe, Cafe Babar, and around the Bay Area, present "An Evening of Storytelling" at Fort Mason's Firehouse. The theme is the joy of the spoken word and the oral tradition.

Dennis Campagna, musician, comedian and clown, tells original stories, fractured fairytales, wild and wacky fantasies. Rob Gurwitt, a writer with an exceptionally laid-back style, swears that he "stopped lying yesterday."

Ron Jones teaches storytelling through UC Extension, and has worked at the Recreation Center for the Handicapped. He is an original storyteller, creating wonderful tales from personal experience.

John Kraft, actor and writer, is a skilled performer in the theater of the absurd. He creates intricate tales in the style of the '40s hardboiled detective.

George Lewis, teacher, actor and director, has worked in Europe and Japan. A professional teller of international tales, he has performed at Children's Fairyland in Oakland, Earth Day in Pacifica, and many libraries, schools and day-care centers in the Bay Area

"Itzzy" Rothstein, high school teacher and writer, amazes and enlightens his students with original and traditional stories. Cynthia Stateman, EOE representative and entrepreneur, is a second-generation itinerant newspaper publisher who has taken root in the Bay Area. Her original and traditional tales reflect her heritage, rich in oral history.

Joel Swartz, a biostatistician, is deeply concerned with preservation of the biosphere. He gives ancient legends a modern spin and a jazz beat, creating a unique experience.

This evening of word wizardry takes place on Saturday, July 11, starting at 8pm. Tickets are $6. For information, call 285-7131.

ZEN HOSPICE PROJECT

A workshop in Conscious Caregiving is offered by the Zen Hospice Project. It is a mindful, compassionate approach to caregiving within a meditative context.

The workshop includes presentations and experiential exercises on topics including grief, communication skills, spiritual dimensions of death and dying, and family dynamics. The program is designed for health-care professionals, family and friends assisting those with serious or terminal illness.

The Zen Center Hospice Volunteer Program was founded in 1987 as a project of the San Francisco Zen Center. It became a separate entity, the Zen Hospice Project, in May of this year.

Inspired by a 2500-year-old spiritual tradition, the Project encourages and supports a mutually beneficial relationship among volunteer caregivers and individuals facing death. This innovative model of conscious care provides a spectrum of collaborative volunteer programs, residential care, and trainings that aim at cultivating wisdom and compassion through service.

The Project trains, educates and supports volunteers in the care of people with life-threatening illness; assists patient, family and friends in meeting their physical, emotional, and spiritual needs; maintains a program of hospice volunteer services that collaborate with public and private community organizations; and maintains a San Francisco center that provides a residence for people in the last months of their lives and a volunteer training facility.

For over five years, the Project has been training volunteers. It is a comprehensive program, including an initial forty-hour training, a year-long commitment of a weekly volunteer shift at Laguna Honda Hospital Hospice and AIDS unit or the Zen Center Guest House Hospice Residence, and ongoing supervision, training and support throughout the year.

To make the training available to a wider community, the program is being presented in Fort Mason's Conference Center on Saturday and Sunday, July 18 and 19, from 9:30am to 4:30pm. Cost is $100. For information, call 863-2910.

GALLERIES

Gatehouse Gallery Show Art exhibition & sale featuring recent works of Kate Blakeslee, Elena Brittain, Joan Corrigan, Famous Empty Sky, Ellen Into, David Kang, Elaine Louie & Michael Markowitz. 7/11&12 Sat 10am-8pm, Sun 10am-5pm FREE Gatehouse 550-8864

Bayfront Gallery Dean Gustafson explores antiquity & futurity & the timeless continuum of the stars using mythic Scandinavian imagery. Layered oils on canvas & wood. 7/1-31 Before, during & after performances. FREE gallery adm. Cowell Theater 441-5706

Cowell Theater Lobby Grant Ditzler shows a selection of watercolors & acrylics on canvas that reflect his work as both a theatrical set designer & a studio-based visual artist. 7/1-31 Open before, during & after performances. Cowell Theater 441-5706

Mexican Museum Wed-Sun Noon-5pm. $4-$2 (7/8 Wed Noon-8pm FREE adm) Bldg D 441-0404
Pasión Por Frida Frida Kahlo as artist, teacher & inspiration for a generation of artists. On exhibit are memorabilia, works of "Los Fridos" — four artists who studied with Kahlo & were greatly influenced by her style & strong personality — and contemporary artists who pay homage to her artistic & personal inspiration. The exhibit also looks at "Fridamania," the worship of Kahlo as an icon of popular culture, and the consumer fetishism of the "cult of Frida." 7/1-9/13 (Reception 7/1 Wed 6-8pm)
Rodriguez Orientation Gallery A permanent installation introducing the five main areas of the Museum's collection.
Family Sunday Learn about Frida Kahlo's life & work by participating in activities in connection with the "Pasión por Frida" exhibit. 7/12 Sun Noon-4pm FREE for children & their families. See 7/12

Museo ItaloAmericano Wed-Sun Noon-5pm $2-$1 Bldg C 673-2200
The Motorcycle As Sculpture: An Exhibition Of Classic & Contemporary Italian Motorcycles M.V. Agusta, Ducati, Gilera, Bimota, Moto Guzzi — names that set the world standard for design & performance — are included in this exhibit of 15 *motociclette italiane*. 6/3-7/19 (closed 7/4 Sat)
Italian Sport, Rally & Classic Race Cars "Addio alle motociclette italiane" (So long to the Italian Motorcycles). A one-day show of 25-30 vintage Italian automobiles, including Alfa Romeos, Ferraris and Fiats. Parking plaza near Bldg C entrance. 7/19 Sun 2:30-5:30pm
Italian Language Classes Various levels of instruction provided by an Italian-born instructor. Summer Intensive Session 6/29-7/30 Mon-Thur. Must pre-reg. $120-$108

SF African American Historical & Cultural Society Wed-Sun Noon-5pm $1, children 50¢ Bldg C 441-0640
Juneteenth Exhibit Post-Civil War African American artists mark the traditional celebration of the days in June 1863 when, a year after the Emancipation Proclamation, the slaves of Texas found out that they were free. 6/25-7/30 (closed 7/4 Sat)

SF Craft & Folk Art Museum Tue-Fri & Sun 11am-5pm, Sat 10am-5pm, $1 adm (Sat 10am-Noon FREE, closed 7/4 Sat). Bldg A 775-0990
Lillian Elliott: Recent Baskets & Tapestries Vibrant tapestries influenced by the artist's work with ceramics & painting, and baskets she refers to as "sculptures" for their mass & volume as well as their composition from bark, lacing & painting. 7/7-8/23 (Reception 7/7 Tue 5-7pm)
Lillian Elliott Collects: Folk & Tribal Impact Objects of wood, clay & textiles from many countries that have been an inspiration to Elliott as artist and teacher. 7/7-8/23

SF Museum Of Modern Art Rental Gallery "Working On Paper." Drawings on paper by some 20 well-known artists. 6/30-7/31 Tue-Sat 11:30am-5:30pm (closed 7/4 Sat). Reception 6/30 Tue 5:30-7:30pm FREE adm Bldg A 441-4777

Sight & Insight/Perception Gallery Multiple views of reality: art & beyond, an ongoing exhibit of visual explorations by members of Sight & Insight's Visual Perception Center. 7/1-8/31 Mon-Sat 9am-5pm (closed 7/3&4, Fri&Sat) FREE adm Fort Mason Office Lobby, Bldg A 441-5706

Gatehouse Gallery Show
Artist: Elena Brittain

PASIÓN POR FRIDA

Artist, teacher, source of inspiration for a new generation of artists—Frida Kahlo is acknowledged as one of Mexico's most important 20th-century artists.

"Pasión por Frida" is an exhibition of more than 500 objects, including photographs, memorabilia and works by Kahlo and other artists inspired by her life and work. The exhibition premiered last year at the Museo Estudio Diego Rivera in Mexico City, after two years of research by Museum Director Blanca Garduno Pulido, under the auspices of Mexico's National Institute of Fine Arts.

The Mexican Museum is supplementing the exhibition with additional works by Kahlo. The show opens July 1, and continues through September 13.

The exhibition is organized into three parts. "Frida and Her World" includes personal memorabilia, family photographs, and other articles from the artist's life. "Frida and Her Disciples" shows works by "Los Fridos," a small group of artists (Arturo Garcia Bustos, Arturo Estrada, Fanny Rabel and Rina Lazo) who studied with Frida and were greatly influenced by her work and magnetic personality.

"The Legacy of Frida" features works by contemporary artists who have found in her a source of artistic and personal inspiration, reflected in the homage they pay to her in their works. Included in this section are Rupert Garcia, René Yanez, Ester Hernandez, Enrique Chagoya, Emmanuel Montoya and Juana Alicia.

Finally, "Pasion por Frida" looks at the development of "Fridamania," the phenomenon of the worship of Frida, and everything associated with her, as an icon of popular culture. Included is merchandise ranging from books and prints to jewelry, clothing and nail polish.

The Museum is organizing exciting activities in conjunction with the exhibition, including *tableaux vivants* of paintings by Frida at the opening festivities, a special installation of Frida items at the Museum store, La Tienda, and films, lectures and performances during July and August.

Each month, the Museum presents a Family Sunday. On July 12, the program features a viewing of the "Pasion por Frida" exhibition from noon to 1pm (Museum galleries); a study of Frida's life and work through slides and monologue by a Frida impersonator from 1 to 1:45pm (Building C, Room 205); and a workshop to create a Diego or Frida string puppet from 2 to 4pm (Building C, Room 260). Family Sunday activities are free for children and for adults accompanied by childen. For information, call 441-0404.

The Mexican Museum is located on the ground floor of Landmark Building D. Gallery hours are Wednesday through Sunday, 12 noon to 5pm. General admission is $3; $2 for students and seniors; Museum members and children under 10 admitted free. The first Wednesday of each month is a free admission day, with the galleries remaining open until 8pm. For information, call 441-0445.

Frida Kahlo c. 1930 by Nickolas Muray. Courtesy International Museum of Photography at George Eastman House

JULY AT A GLANCE

Events

Salutes, Pops & Chrysanthemums: Fireworks As A Traditional Art see 7/1
Poetry Film Series see 7/3
West Coast Weekend see 7/4
4th Of July Festivities At Crissy Field see 7/4
Round Robin Readings see 7/5
Gatehouse Gallery Show see 7/11
Model Horse Expo see 7/11
Storytelling—An Evening Of Word Wizardry see 7/11
Mexican Museum Family Sunday see 7/12
SS Jeremiah O'Brien Weekend see 7/18
Annual Theo. Sanders Memorial Monopoly Tournament see 7/18
Psychic Healing Fair see 7/18
Italian Sport, Rally & Classic Race Cars see 7/19
1992 Magazine Fair see 7/23

Theater

Cross Dressing In The Depression see 7/1
The Bologna Medea: An Ancient Greek Travesty see 7/10
Flash Family see 7/10
And They All Lived Happily Ever After see 7/11
BAIT Fringe Festival see 7/11

Music/Dance

West Coast Weekend see 7/4
4th Of July Festivities At Crissy Field see 7/4
Greek Folk Dance see 7/6

Children/Family Activities

4th Of July Festivities At Crissy Field see 7/4
Model Horse Expo see 7/11
Storytelling—An Evening Of Word Wizardry see 7/11
And They All Lived Happily Ever After see 7/11
Mexican Museum Family Sunday see 7/12
SS Jeremiah O'Brien Weekend see 7/18
Annual Theo. Sanders Memorial Monopoly Tournament see 7/18
SS Jeremiah O'Brien Tour see 7/19
Italian Sport, Rally & Classic Race Cars see 7/19
Make Historical Minatures see 7/23

Lectures

Metaphysics Lecture see 7/1
Lillian Elliott Lecture see 7/8
Natural Eyesight Improvement see 7/22
SF Peace Corps Public Forum see 7/29

Meetings

Adult Children Of Alcoholics see 7/1
Fox Software SIG Meeting see 7/2
Alcoholics Anonymous see 7/5
Introduction To Gurdjieff see 7/6
ADD General Meeting see 7/9
SF Tesla Society Meeting see 7/12
Sisters In Crime Meeting see 7/12
PC Clone User Group see 7/13
PC Users Group Monthly Meeting see 7/21
Artists Guild Of SF General Meeting see 7/21
dBase IV SIG Meeting see 7/21
SF Bay Area Postcard Club see 7/25
Bay Area Clipper Developers see 7/27
SF History Association see 7/30

Tours

Fort Mason Tour see 7/11
SS Jeremiah O'Brien Tour see 7/19

Receptions

Mexican Museum "Pasión por Frida" 7/1 Wed 6-8pm see Galleries
SF Craft & Folk Art Museum Lillian Elliott 7/7 Tue 5-7pm see Galleries
SF Museum Of Modern Art Rental Gallery "Working On Paper" 6/30 Tue 5:30-7:30pm see Galleries

FORT MASON CENTER

FOUNDED IN 1977

JULY 1992

Earthquake Repair Project During the next few months, Buildings B, C, D and E will be undergoing repairs to loading platforms and ground-floor areas. The work is expected to be done in phases, to minimize the impact on continuing public use of facilities. Signs will be posted to assist in directing you around the site. We apologize for the inconvenience, and look forward to the newly-refurbished areas that will result from this project. Thanks for your patience.

1 WEDNESDAY

Book Bay Bookstore Bargain books. 7/1-31 Wed, Fri-Sun 11am-5pm, Thur 11am-8pm (closed 7/4 Sat) FREE adm. Friends of the SF Public Library Bldg C 771-1076

Adult Children Of Alcoholics A 12-step program focusing on parental alcoholism's effect on childhood as manifested in dysfunctional adult behaviors. 7/1-29 Wed 7:30-9:30pm FREE Gatehouse 931-2262

Salutes, Pops & Chrysanthemums: Fireworks As A Traditional Art The history of pyrotechnics & its ties to ritual celebration in Mexican & Portuguese American religious festivities. Includes the film *Marcelo Ramos: The Firework Maker's Art* & traditional Azorean fireworks on the Great Meadow. Sponsored by the GGNRA. 7:30pm $2 Bldg A 556-0575

Metaphysics Lecture Scientific introduction to the divine pattern of the tabernacle by the Institute Of Divine Metaphysical Research. 7/1-31 Wed&Fri 8-10pm FREE Bldg C 668-6325

Cross Dressing In The Depression Join an epic journey through the American West amidst moonbeams, wooden nickels & penny cons. A nostalgic tale of adolescent discovery, hard times & love over the long haul. 6/17-7/19 Wed-Sat 8:30pm, Sun 2&7:30pm (no show 7/4 Sat) $21-$12 FMC "Friends" $2 off w/mbrs card Magic Theatre Bldg D 441-8822 ●

2 THURSDAY

Fox Software SIG Meeting Speaker/discussion sponsored by Assoc of Database Developers. 7pm $5 Gatehouse 863-6706

Creating Prosperity & Success: Expanding Your Potential "By creating positive mental programs & canceling out the negative, abundance in all areas can be yours." Lecture by Betty Bethards, mystic, healer & author of *The Dream Book*. 8pm $9-$6 Bldg A (707) 765-2200

Book Bay Bookstore see 7/1
Cross Dressing In The Depression see 7/1 ●

3 FRIDAY

Poetry Film Series George Aguilar screens highlights from the NPA film archives. 7/3-31 Fri 7:30pm $2 FMC "Friends" 25% off w/mbrs card National Poetry Assoc Bldg D 776-6602 ●

Book Bay Bookstore see 7/1
Metaphysics Lecture see 7/1
Cross Dressing In The Depression see 7/1 ●

4 SATURDAY

West Coast Weekend SF's only live performance radio show, produced by KQED-FM 88.5, broadcasts from Fort Mason. Host Sedge Thompson brings together a diverse selection of guests & music from bluegrass to string quartets, plus news on upcoming activities. 7/4-25 Sat 11am-1pm $6 Life On The Water Bldg B 553-2213

4th Of July Festivities At Crissy Field Annual fireworks celebration sponsored by the *SF Chronicle* & the GGNRA. Featured performers include the SF 49ers Band, Mango Jam, Cool Papa, Maria Muldaur, & the Sixth Army Band. On the Children's Stage are juggler Ray Jason, contortionist Zhuo Yue, the Ferges Troupe of trampoline artists & songwriter Gary LaPow. Also included is a new Sciences & Cultures Activities Tent. Entertainment begins at 4pm & runs through the spectacular fireworks display at 9:15pm. Dress warmly & bring a flashlight. FREE Crissy Field GGNRA 556-0575

● Friends of the Fort Discount

5 SUNDAY

Round Robin Readings Bring your own or your favorite author's poems for a wide-open round-table reading. 7/5-26 Sun 7:30pm $1 FMC "Friends" 25% off w/mbrs card National Poetry Assoc Bldg D 776-6602 ●

Alcoholics Anonymous Weekly waterfront meeting with open discussion & speakers. Coffee & cookies served. 7/5-26 Sun 8-9:15pm FREE Bldg C 661-1828

Book Bay Bookstore see 7/1
Cross Dressing In The Depression see 7/1 ●

The Bologna Medea see 7/10

Cross Dressing In The Depression see 7/1 Photo: David Allen

6 MONDAY

Mace/Self Defense Instruction Department of Justice Mace licensing course. 7/6&20 Mon 6-8pm $40 (includes license & Mace cannister) Bldg C 334-1151

Somatic Tai Chi Chuan Increase body awareness & flexibility w/Tai Chi Chuan. Taught by Dr. B.C. Bennett. 7/6-27 Mon 6:30-8pm $30/mo Bldg A 282-2676

Greek Folk Dance Enjoy Bay Area Greek festivals, learn the fundamentals of popular Greek folk dances w/Anna Efstathiou. 7/6-27 Mon 8-10pm $6-$5/class Bldg C (510) 339-8357

Introduction To Gurdjieff A weekly meeting to discuss the practical application of Gurdjieff's ideas in daily life. 7/6-27 Mon 8-10pm FREE Gatehouse (707) 823-8616

7 TUESDAY

Featuring Craig Frazier & John Casado SF Creative Alliance presents an evening with designer Craig Frazier & photographer John Casado. 6:30-9:30pm $25-$20 Bldg A 387-4040

Fiction Writing Workshop Reading & discussion of student short stories & novels. For beginning to advanced writers, led by nationally known writer & editor Tom Jenks. 6/23-8/11 Tue 7:30-10:30pm $600/course Bldg C 558-9919

8 WEDNESDAY

Lillian Elliott Lecture Nationally known fiber artist Lillian Elliott gives a slide lecture about her work over the past 30 years in conjunction with her exhibit at the SF Craft & Folk Art Museum (see Galleries). 3-4:30pm $4 Bldg C 775-0990

Book Bay Bookstore see 7/1
Adult Children of Alcoholics see 7/1
Metaphysics Lecture see 7/1
Cross Dressing In The Depression see 7/1 ●
The Bologna Medea see 7/10 ●

9 THURSDAY

ADD General Meeting Speaker/discussion sponsored by Assoc of Database Developers. 7pm $5 Gatehouse 863-6706

Book Bay Bookstore see 7/1
Cross Dressing In The Depression see 7/1 ●
The Bologna Medea see 7/10 ●

10 FRIDAY

The Bologna Medea: An Ancient Greek Travesty Fratelli Bologna (Bologna Brothers) star in this madcap version of the classic tale of betrayal & revenge, directed by Obie winner Albert Takazauckas. Though this work is full of vintage Bologna physical humor, word play & characterizations like ancient Greek cartoons, it remains faithful to classic themes of sexual politics, rejection, alienation & revenge. Previews 7/8&9; runs 7/10-26 Wed-Sat 8pm, Sun 2pm $12-$8 FMC "Friends" $1 off w/mbrs card Cowell Theater 392-4400 ●

Flash Family An evening of totally spontaneous, brand-new-every-night theater, comedy & song based on audience suggestions. 7/10-25 Fri&Sat 8:30pm $10-$8 Bldg D 885-5678

Book Bay Bookstore see 7/1
Metaphysics Lecture see 7/1
Cross Dressing In The Depression see 7/1 ●
Poetry Film Series see 7/3 ●

11 SATURDAY

Fort Mason Tour Guided walks through this cultural & recreational facility. Over 50 arts, environmental & cultural groups make Fort Mason Center their home. Museums, theaters, galleries, classes & workshops utilize these converted military warehouses. 7/11&25 Sat 11am-12:30pm FREE (call to reserve space) Bldg A 441-5706

Intermediate Fiction Writing Workshop David Plumb's class for serious writers. 6/6-7/18 Sat 9:30am-12:30pm $140 Bldg C 861-7479

Copyright Clinic Artists can consult a copyright attorney regarding copyright forms, work-for-hire arrangements, jointly-held copyrights, renewing & modifying copyrights. 7/11&25 Sat 10am-12:30pm, by appt. $20-$10 California Lawyers for the Arts Bldg C 775-7200

Model Horse Expo Hundreds of model horses on display & for sale as well as demonstrations of tack making & painting. Meet Rowland Chaney, famed sculptor of the Breyer Kiger Mustang. 10am-4pm $2 Firehouse 457-6244

Gatehouse Gallery Show Art exhibition & sale featuring recent works of Kate Blakeslee, Elena Brittain, Joan Corrigan, Famous Empty Sky, Ellen Into, David Kang, Elaine Louie & Michael Markowitz. 7/11&12 Sat 11:30am-7:30pm, Sun 10am-5pm FREE Gatehouse 550-8864

And They All Lived Happily Ever After Mathilda Kunin hosts this summer vacation in the world of the Brothers Grimm. Meet "Hansel & Gretel," "The Golden Goose" & "Cinderella" on this journey of the imagination. 7/11-8/2 Sat&Sun 1pm $7-$5 Young Performers Theatre Bldg C 346-5550

The Miraculous Modem A beginner's guide to telecommunications on the Mac. Find the right modem for your needs, how to send/receive electronic mail & access computer bulletin board services. Included is a tour of 3 information services & 2 bulletin boards. 1-5:30pm $45 Media Alliance Bldg D 441-2557

BAIT Fringe Festival Two-day marathon of one-act pieces by thirteen independent theaters, demonstrating the range of possibility offered by smaller theaters that larger ones cannot risk. Includes works by local new playwrights as well as new interpretations of established works. Sponsored by Bay Area Independent Theaters (BAIT). 7/11&12 Sat 2-8pm, Sun 1-8pm (one performance per hour) $6/performance, $22/four, $30/six Young Performers Theatre Bldg C 346-5550

Storytelling - An Evening Of Word Wizardry A group of storytellers amuse & delight with the magic of the spoken word. Traditional & original stories are performed with skill and artistry. 8pm $6 Firehouse 285-7131

Book Bay Bookstore see 7/1
Cross Dressing In The Depression see 7/1 ●
West Coast Weekend see 7/4
The Bologna Medea see 7/10 ●
Flash Family see 7/10

12 SUNDAY

Mexican Museum Family Sunday Frida Kahlo was artist, teacher & inspiration to others. Visit the "Pasión por Frida" exhibit; learn about her life through a slide show & monologue by a Frida impersonator; create a Frida or Diego string puppet at a workshop. Noon-4pm FREE for children & their families. Bldg C & Mexican Museum Bldg D 441-0404

SF Tesla Society Meeting Monthly lecture on scientific topics related to the life & research of Nikola Tesla. 1-4:30pm $10/year Gatehouse 383-7837

Sisters In Crime Meeting Women mystery writers & fans discussion group. 2-4pm $2 Bldg C (510) 727-1838

Book Bay Bookstore see 7/1
Cross Dressing In The Depression see 7/1 ●
Round Robin Readings see 7/5 ●
Alcoholics Anonymous see 7/5
The Bologna Medea see 7/10 ●
Gatehouse Gallery Show see 7/11
And They All Lived Happily Ever After see 7/11
BAIT Fringe Festival see 7/11

13 MONDAY

PC Clone User Group Learn to build your own PC or simply come to meet others who want to share user information. 7-9pm $3 Bldg C 861-9321

Improvising Scenes I Tools, exercise & practice in creating comedic & dramatic scenes/situations spontaneously. Pre-req.: Techniques I&II or equiv. Sue Walden & Co. 7/13-9/14 Mon 7-9:30pm $190/10 sessions Bldg C 885-5678

Somatic Tai Chi Chuan see 7/6
Greek Folk Dance see 7/6
Introduction To Gurdjieff see 7/6

14 TUESDAY

Improvising Characters I Explore ways to become someone else & practice holding onto a character within a scene or exercise. Pre-req.: Scenes I&II. Sue Walden & Co. 7/14, 7/28-9/8 Tue 7-9:30pm $190/10 sessions Bldg C 885-5678

Spontaneity Techniques II More advanced exercises, games & performance frameworks in smaller groups. Pre-req.; Techniques I or equiv. Sue Walden & Co. 7/14-9/8 Tue 7-9:30pm $190/10 sessions Bldg C 885-5678

Fiction Writing Workshop see 7/7

15 WEDNESDAY

Copyright & Trademark Overview An intellectual property attorney discusses relevant issues. 7pm $15 California Lawyers for the Arts Bldg C 775-7200

Spontaneity Techniques Sample Workshop Sample of games, exercises, theater games. Non-competitive, fun & appropriate for all levels of experience. 7-9:30pm $15 Bldg C 885-5678

Improvising Scenes III Further work on real-life & fantasy situations with focus on relationship development & subtext. Pre-req.: Scenes I&II. Sue Walden & Co. 7/15-9/9 Wed 7-9:30pm $190/10 sessions Bldg C 885-5678

Book Bay Bookstore see 7/1
Adult Children Of Alcoholics see 7/1
Metaphysics Lecture see 7/1
Cross Dressing In The Depression see 7/1 ●
The Bologna Medea see 7/10 ●

16 THURSDAY

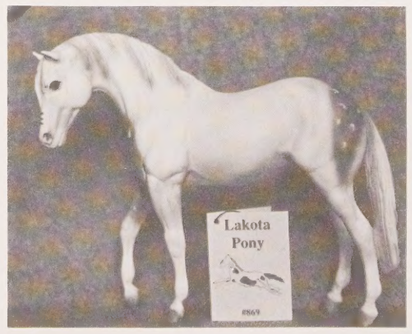
The Many Faces Of Addiction Ilana Goldner, RN, leads a two-day workshop on addiction & the dynamics of recovery. Learn the latest resources & treatments as well as how to support others & yourself during recovery. 7/16&17 Thur &Fri reg. 7-8:15am, workshop 8:30-5pm $52.50 Bldg A 668-5111

Improvising Scenes II Further work creating real-life & fantasy situations spontaneously. More intense focus on relationship development & subtext. Pre-req.: Scenes I. Sue Walden & Co. 7/16-9/10 Thur 7-9:30pm $190/10 sessions Bldg C 885-5678

Book Bay Bookstore see 7/1
Cross Dressing In The Depression see 7/1 ●
The Bologna Medea see 7/10 ●

17 FRIDAY

Book Bay Bookstore see 7/1
Metaphysics Lecture see 7/1
Cross Dressing In The Depression see 7/1 ●
Poetry Film Series see 7/3 ●
The Bologna Medea see 7/10 ●
Flash Family see 7/10
The Many Faces Of Addiction see 7/16



Model Horse Expo see 7/11

18 SATURDAY

SS Jeremiah O'Brien Steaming Weekend The 441-foot WWII cargo ship revs up its giant steam engine. The ship's galley is open & souvenirs are available from the Slop Chest Store. 7/18&19 Sat&Sun 9am-4pm $3-$1 ($6 fmlys) Pier 3 Dock 441-3101

Coping With The Emotional Aspects Of AIDS Psychotherapist Michael Bettinger, PhD, MFCC, presents this day-long workshop where people affected by AIDS can increase their understanding of the emotional aspects of the disease & find ways to deal with its effect on their lives. Sponsored by the California Graduate School of Family Psychology. 9am-5pm $65 Firehouse 771-8995

Conscious Caregiving Workshop Learn a mindful, compassionate approach to caregiving within a meditative context. Topics include grief, communication skills, spiritual dimensions of death & dying, and family dynamics. For health-care professionals as well as family & friends assisting those with serious or terminal illness. Sponsored by the Zen Hospice Project. (12 CE units available) 7/18&19 Sat&Sun 9:30am-4:30pm $100 Bldg A 863-2910

13th Annual Theo. Sanders Memorial Monopoly Tournament Join contestants from all over the world & Boston, too, for this official Parker Brothers sanctioned tournament. All skill levels welcome. Nifty prizes include a chance to play for the State Monopoly Championship. 11am-4pm FREE pre-reg. req. Bldg C 221-8313

Psychic Healing Fair Psychic Horizons presents an opportunity for a reading or healing. 1-3pm FREE Bldg C 346-7906

Book Bay Bookstore see 7/1
Cross Dressing In The Depression see 7/1 ●
West Coast Weekend see 7/4
The Bologna Medea see 7/10 ●
Flash Family see 7/10
Intermediate Fiction Writing see 7/11
And They All Lived Happily Ever After see 7/11

19 SUNDAY

SS Jeremiah O'Brien Special Ranger-Led Tour Return to "the way it was" on this walking tour of the WWII Liberty Ship led by a ranger from the SF Maritime National Historical Park. The ship's engine is revved up, the galley open & souvenirs available from the Slop Chest Store. 1pm $3-$1 ($6 fmlys) Pier 3 Dock 441-3101

Italian Sport, Rally &Classic Race Cars "Addio alle motocilette italiane" (So long to the Italian Motorcycles). A one-day show of 25-30 vintage Italian automobiles, including Alfa Romeos, Fiats & Ferraris. 2:30-5:30pm parking plaza near Bldg C entrance 673-2200

Book Bay Bookstore see 7/1
Cross Dressing In The Depression see 7/1 ●
Round Robin Readings see 7/5 ●
Alcoholics Anonymous see 7/5
The Bologna Medea see 7/10 ●
And They All Lived Happily Ever After see 7/11
Conscious Caregiving Workshop see 7/18

20 MONDAY

Mace/Self Defense Instruction see 7/6
Somatic Tai Chi Chuan see 7/6
Greek Folk Dance see 7/6
Introduction To Gurdjieff see 7/6
Improvising Scenes I see 7/13

21 TUESDAY

Mature Drivers Safety Seminar A DMV-approved program taught by California State Automobile Assn. 8:30am-4:30pm $21-$19 Gatehouse (800) 637-2122

PC Users Group Monthly Meeting Forum for exchanging information on the latest computer products. Features demonstrations, presentations, Q&A session & more. 6:15-10pm $3 Bldg A 979-5879

Artists Guild Of SF General Meeting Issues & activities of SF's contemporary artists & shows. 7-10pm Gatehouse 822-6110

dBase IV SIG Meeting Speaker/discussion sponsored by Assoc of Database Developers. 7:30-9:30pm $5 Bldg C 863-6706

Fiction Writing Workshop see 7/7
Spontaneity Techniques II see 7/14

22 WEDNESDAY

Spontaneity Techniques IA Exercises, games & structures that develop skills to release natural spontaneity; fundamentals of improvisation. No experience necessary. Sue Walden & Co. 7/22-9/2 Wed 7-9:30pm $165/8 sessions Bldg C 885-5678

Natural Eyesight Improvement Introductory workshop on a self-healing method for improving your vision. Includes improvement in nearsightedness, farsightedness & astigmatism. 7:30-9:30pm FREE Bldg C 441-8683

Book Bay Bookstore see 7/1
Adult Children Of Alcoholics see 7/1
Metaphysics Lecture see 7/1
The Bologna Medea see 7/10 ●
Improvising Scenes III see 7/15

And They All Lived Happily Ever After see 7/11 Photo: Martin Cox

23 THURSDAY

1992 Magazine Fair Meet dozens of local editors & learn how to get published as a freelance writer. Media Alliance's 12th annual fair features a keynote address by *SF Focus* associate editor Katherine Fong, desktop publishing vendor representatives & a special photographic display. 6:45-10pm $12-$9 FMC "Friends" $3 off w/mbrs card Bldg A 441-2559 ●

Make Historical Miniatures Educational plastic models under construction are displayed. The SF North Bay Chapter of the International Plastic Modelers Society presents projects. 7-9pm FREE Gatehouse 499-5612

Book Bay Bookstore see 7/1
The Bologna Medea see 7/10 ●
Improvising Scenes II see 7/16

24 FRIDAY

Integrating Feldenkrais & Neurolinguistic Programming A workshop using movement-centered & mind-centered exercise, demonstrations & discussions to explore the possibilities offered by integration of these unique perspectives on human behavior. 7/24-26 Fri 1-5pm, Sat&Sun 9-Noon & 2-5pm $375-$350 Bldg A 328-1717

Book Bay Bookstore see 7/1
Metaphysics Lecture see 7/1
Poetry Film Series see 7/3 ●
The Bologna Medea see 7/10 ●
Flash Family see 7/10

25 SATURDAY

SF Bay Area Postcard Club Monthly meeting with discussion & swap meet. Noon-3pm FREE Bldg C 512-8662

Healing Your Inner Child Through Art Nurture yourself & allow your inner child to heal as you express your creativity using simple art materials, games & dialog. No previous art experience necessary. 12:30-3:30pm $35 Gatehouse 863-6029

Book Bay Bookstore see 7/1
West Coast Weekend see 7/4
The Bologna Medea see 7/10 ●
Flash Family see 7/10
Fort Mason Tour see 7/11
Copyright Clinic see 7/11
And They All Lived Happily Ever After see 7/11
Integrating Feldenkrais & NLP see 7/24

26 SUNDAY

Book Bay Bookstore see 7/1
Round Robin Readings see 7/5 ●
Alcoholics Anonymous see 7/5
The Bologna Medea see 7/10 ●
And They All Lived Happily Ever After see 7/11
Integrating Feldenkrais & NLP see 7/24

27 MONDAY

Bay Area Clipper Developers Meeting to hear from Clipper programmers & other members. 7:30-10pm $50 annual dues Bldg C (510) 372-5880

Somatic Tai Chi Chuan see 7/6
Greek Folk Dance see 7/6
Introduction To Gurdjieff see 7/6
Improvising Scenes I see 7/13

28 TUESDAY

Fiction Writing Workshop see 7/7
Improvising Characters I see 7/14
Spontaneity Techniques II see 7/14

29 WEDNESDAY

SF Peace Corps Public Forum A slide program & discussion led by returned volunteers on their experiences living & working overseas. 7-9pm FREE Bldg C 744-2677

Freedom Of Expression An attorney discusses First Amendment issues as they affect the arts. 7pm $15 California Lawyers for the Arts Bldg C 775-7200

Book Bay Bookstore see 7/1
Adult Children Of Alcoholics see 7/1
Metaphysics Lecture see 7/1
Improvising Scenes III see 7/15
Spontaneity Techniques IA see 7/22

30 THURSDAY

SF History Association The public is welcome to attend this monthly meeting about city history. 7-10pm FREE Gatehouse 775-0914

Break Into The World Of Textile Design Develop your ideas into marketable illustrations for fabric, wallpaper, tile, etc. Gain an overview of the textile industry & design market trends. 7/30-10/1 Thur 7:15-9:45pm $350 Bldg C 258-0342

Book Bay Bookstore see 7/1
Improvising Scenes II see 7/16

31 FRIDAY

Recess! Night of play for adults with Sue Walden & Co.. Bring friends or make new ones at this playful, laugh-ful break from everyday life. 7:30-10:30pm $15 Bldg C 885-5678

Book Bay Bookstore see 7/1
Metaphysics Lecture see 7/1
Poetry Film Series see 7/3 ●
Concert Staged Readings see 7/3

● Friends of the Fort Discount

CLASSES & WORKSHOPS

PERFORMING ARTS

Blue Bear School Of Music offers private lessons, theory classes & band workshops in Rock, Jazz, Blues, Soul & other popular music styles for musicians of all levels. Bldg D 673-3600

Creative Expression Acting Class A beginning acting workshop exploring different forms of expression through movement, improv & theater games. 6/21-8/2 Sun 6-8pm $125-$95/6 wks Bldg C 626-1906

Meisner Technique Acting Class For professionals & students seriously interested in developing performing skills, using Meisner technique & improvisation. 5/7-7/16 Mon&Thur 11am-12:30pm or 6-8pm $350-$300/12 weeks Bldg C 381-6522

Sue Walden & Co. Presents Workshops in spontaneity & improvisation. Bldg C 885-5678
- **Improvising Characters I** 7/14-9/8 Tue 7-9:30pm $190/10 sessions see 7/14
- **Improvising Scenes I** 7/13-9/14 Mon 7-9:30pm $190/10 sessions see 7/13
- **Improvising Scenes II** 7/16-9/10 Thur 7-9:30pm $190/10 sessions see 7/16
- **Improvising Scenes III** 7/15-9/9 Wed 7-9:30pm $190/10 sessions see 7/15
- **Spontaneity Techniques IA** 7/22-9/2 Wed 7-9:30pm $165/8 sessions see 7/22
- **Spontaneity Techniques II** 7/14-9/8 Tue 7-9:30pm or 7/18-9/19 Sat 1-3:30pm $190/10 sessions see 7/14
- **Spontaneity Techniques Sample Workshop** 7/15 Wed 7-9:30pm$15 see 7/15
- **Recess!** 7/31 Fri 7:30-10:30pm $15 see 7/31

Swing-Jitterbug & Cajun Dance Learn the Cajun swing, waltz & Zydeco two-step. 7/1-29 Wed 7pm beginners, 8pm intermediate $29/4sessions Bldg C (510) 549-3591

Greek Folk Dance Enjoy Bay Area Greek festivals, learn the fundamentals of popular Greek folk dances w/Anna Efstathiou. 7/6-27 Mon 8-10pm $6-$5/class Bldg C (510) 339-8357

Lorilewis Dance Class Instruction in dance from Lorilewis Studio. Ballet, jazz, tap, etc.; two-year-olds to adults; small classses. 7/7-28 Tue 10am-Noon & 3-6pm $45/6 lessons. Bldg C 433-9349

CHILDREN'S CLASSES

Kumon Math Individualized self-paced positive mathematics for children of all ages. 7/1-25 (closed 7/4 Sat) Sat 9am-Noon, Wed 3:30-6:30pm $65/mo Bldg C 347-8818

SF Children's Art Center Instruction in drawing, printmaking & sculpture. Individual attention to each child's development, ages 2-12. Summer programs include Extended Programs & Art Camp. Session 1: 6/20-7/25 (closed 7/4 Sat), Session 2: 7/24-8/29 Mon-Sat 9am-5pm $85/session, $150/both (materials included) Bldg C 771-0292

Make•A•Circus offers participatory arts/social services, workshops, theater performances & community shows. Teens are encouraged to apply for the teen apprentice program; other services include "clown therapy." Bldg C 776-8477

Young Performers Theatre Dramatic arts classes for ages 3 & above. Bldg C 346-5550
- **And They All Lived Happily Ever After** 7/11-8/2 Sat&Sun 1pm $7-$5 See 7/11
- **Summer Theatre Workshop & Performance** 7/7-30 Tue, Wed, Thur 1-3pm $250. For ages 8 to 15.

Youth Challenge Leadership Schools Youth between 14 &18 meet new friends, face new challenges, learn camping & outdoor skills, have fun! Sponsored by Environmental Traveling Companions which provides wilderness adventuring for people with varying abilities & special needs. Scholarships available. Bldg C 474-7662
- **Whitewater Rafting** 7/11-18
- **Sea Kayaking** 8/10-16

HEALTH & RECREATION

Awareness Through Movement/Feldenkrais Method Julie Casson teaches gentle movement lessons designed to improve overall quality of movement. Learn to move w/grace & ease, improve breathing, flexibility & strength; wear loose, warm clothing. 7/7-28 Tue Noon-1pm $8/class Bldg C 333-6644

Psychodrama Group Life is full of drama. Learn to direct yours positively. 7/9-30 Thur 7-9pm $30/wk pre-reg. required. Bldg C 289-9625

LifeArt Formations Original group exercises using movement, imagery & improvisation that open people up to new ways of seeing themselves & the world. 7/5-26 Sun 2:30-5pm $30/session Bldg C 921-0527

Natural Eyesight Improvement A self-healing method for improving your vision whether you suffer from nearsightedness, farsightedness or astigmatism. 5/20-7/15 Wed 7:30-9:30pm $200/8 weeks Bldg C 441-8683

Wellness Group focuses on both the mental & physical aspects of staying well. 7/2-30 Tue&Thur 5-6:45pm FREE Gatehouse (510) 376-7653

Breathwork With Sandra D'Amico Facilitate the healing of body, mind & spirit with "Breathwork," a gentle, supportive & powerful healing process. 7/18 Sat 10am-2:30pm $40 Gatehouse 344-0579

Alexander Technique Introductory Workshop Take a look at your posture & well-being. Learn to deal with tension-related pain through attention to balanced movement. 7/18 Sat 9am-12:30pm $20 Bldg C 826-8015

Gentle Power Aerobics Gentle but challenging, a stretching & conditioning program for people over 40. 7/1-31 Mon-Fri 9:30-10:30am $5-$3/hr Bldg C 435-9784

ENVIRONMENT

Environmental Traveling Companions Experience the magic of sea kayaking or whitewater rafting while you contribute to wilderness access programs for people w/disabilities & disadvantaged youth. Scholarships are available for people with special needs. Bldg C 474-7662

Friends Of The River Rafting & kayaking trips on California & Colorado rivers, the Grand Canyon & beyond. Proceeds benefit river conservation efforts. Bldg C. For information, call 771-0400

Oceanic Society Expeditions Discover the amazing wildlife of the Gulf of the Farallon Islands. May-Nov Sat & Sun, select Fri $58-$49 Bldg E 474-3385

Sailing Education Adventures A nonprofit community volunteer program that emphasizes enjoying & caring for the Bay & ocean environment. US Sailing Assoc. certified volunteers assist beginners & experts alike. Beginning sailing classes taught monthly. Bldg E 775-8779

J. Porter Shaw Maritime Library Premier collection of commercial maritime history, including books, magazines, oral histories, ships' plans & the SF Maritime National Historical Park's 250,000 historic photographs. Orientations by reservation. 9am-Noon FREE Building E 556-9870

MARTIAL ARTS

Chinese Martial Arts w/Jack Man Wong. Tai Chi Chuan & Northern Shaolin for robust health, high spirits, rational thinking & self-defense. 7/1-26 Wed 5:30-7:30pm, Sun 10am-Noon $40/mo Bldg C (510) 261-7105

ICI Tai Chi Chuan w/Sifu Fong Ha. Complete classical forms w/emphasis on meditative aspects. 7/2-30 Tue&Thur 7:30-9:30pm $50-$40/mo Bldg C (510) 524-4718

Northern Shaolin Kung-Fu Classical weapons & hand-forms for exercise & self-defense. 7/3-31 Fri 6:30-8:30pm $25/mo Bldg C 776-0197

Somatic Tai Chi Chuan Increase body awareness & flexibility w/Tai Chi Chuan. Taught by Dr. B.C. Bennett. 7/6-27 Mon 6:30-8pm $30/mo Bldg C 282-2676

The Art Of Tai Chi - Praying Mantis Rational training in weapons, internal exercises, hand-forms, capturing techniques & open discussion on martial arts principles. 7/6-27 Mon 8-10pm $30/mo Bldg C (510) 797-2203

Yi Chuan & Buddhist Chi Gung Taught by Master Cheuk Fung, this class is for those seeking health, healing & genuine martial arts ability. 7/2-30 Tue&Thur 7:30-9:30pm $60/mo Bldg C (510) 658-4621

Original Tai Chi Chuan Sifu Gene Chen teaches the original complete system for serious students only. 7/7-30 Tue&Thur 7:45-9:45pm $45/mo Bldg C 661-3786

Taoist Exercise Class Learn a variety of Chinese martial arts, breathing exercises & meditation. 7/2-26 Thur 6-7:30pm, Sun 10am-2pm $50/mo Bldg C 885-6325

Original Shaolin Temple Gung Fu Physical conditioning, martial arts, internal exercises & meditation. For serious students only. 7/2-31 Tue &Thur 6-7:30pm, Fri 7-8:30pm, $50/mo Bldg C 564-9282

EDUCATION

Self-Defense Seminar Beginning students learn basic survival skills & more advanced students receive the training to reach higher levels of skill. 7/12-26 Sun 8-11am $8/class Bldg C 752-1154

Mace Instruction/Security Training Institute Department of Justice Mace licensing course. 7/6&20 Mon 6-8pm $40 (includes license & Mace cannister) Bldg C 334-1151

Self-Defense Learn grappling & locks, timing against single & multiple opponents, empty hand free fighting, breath exercises & more. 7/1-29 Wed 6-8pm $20/mo Bldg C 441-8986

Tear Gas Certification/Personal Protection Workshop Includes state certification, psychological skills & back-up physical defense. 7/18 Sat 1-4pm $40, $8.50 state permit Bldg C (707) 829-SAFE

The Tarot Initiation Weekly informal discussions on Tarot & Cabala. 7/2-30 Thur 8-10pm FREE Bldg C 388-7529

Media Alliance Computer Access Training, consultation & low-cost classes. Pre-reg. req. The Mac lab is open Mon-Fri 1-5pm, $12-$6/hour Bldg D 771-7133
- **Mac Basics** 7/2 Thur, 7/10 Fri 9am-12:30pm, 7/25 Sat 9:30am-1pm $50
- **Intermediate Macintosh** 7/17 Fri 9am-12:30pm $50
- **The Miraculous Modem** 7/11 Sat 1-5:30pm $50
- **Microsoft Word I** 7/13 Mon 9am-1pm, 7/23 Thur 6-10pm $75
- **Microsoft Word II** 7/20 Mon 9am-1pm, 7/30 Thur 6-10pm $75
- **PageMaker I** 7/27 Mon 6-10pm $75
- **PageMaker II** 7/6 Mon 9am-1pm $75
- **Quark I** 7/2 Thur 6-10pm, 7/22 Wed 9am-1pm $75
- **Quark II** 7/9 Thur 6-10pm, 7/29 Wed 9am-1pm $75
- **Advanced Quark** 7/18 Sat 9:30am-1:30pm $75
- **FreeHand II** 7/1 Wed 9am-1pm $75
- **Illustrator I** 7/21 Tue 9am-1pm $75
- **Illustrator II** 7/28 Tue 9am-1pm $75
- **Excel I** 7/8 Wed 9am-1pm $75
- **Excel II** 7/8 Wed 9am-1pm $75
- **Filemaker Pro I** 7/23 Thur 9am-1pm $75
- **Filemaker Pro II** 7/7 Tue 6-10pm, 7/30 Thur 9am-1pm $75
- **Desktop Publishing Comprehensive** 7/1-8/5 Wed 6-10pm $300
- **PhotoShop Intensive** 7/24-31, 8/14-21 Fri 9am-1pm $300
- **MacroMind Director** 7/14-8/4 Tue 6-10pm $300

Mature Drivers Safety Seminar A DMV-approved program taught by California State Automobile Assn. 7/21 Tue 8:30am-4:30pm $21-$19 Gatehouse (800) 637-2122

Defensive Driving Program A DMV-approved seminar specifically designed to remove a moving violation w/court approval. 7/11&25 Sat 8am-4pm $25/course Bldg C (800) 736-8723

VISUAL ARTS & MEDIA

Media Alliance Classes, workshops & panels for print & broadcast journalists, photographers & writers. Bldg D. For information, call 441-2557
- **The Fine Art Of The Query Letter** 6/29&7/13 Mon 6:30-9:30pm $49
- **Indexing Workshop** 7/7-8/4 Tue 6:30-9:30pm $120
- **Freelance Photographers' Workshop** 7/9&16 Thur 6:30-9:30pm $50
- **Advanced Copyediting: Production Workshop** 7/18&25 Sat 12:30-5pm $80
- **Intermediate Proofreading** 7/20&27 Mon 6-9pm $77

Western Public Radio Classes & workshops in all aspects of radio, including broadcasting, production & technical. Bldg D 771-1160

National Poetry Association offers a Poetry Film Workshop w/an emphasis on creating "film poetry." Introductory course in basic filmmaking & editing includes scripting, storyboarding & camera work. FMC "Friends" 25% off each class w/mbrs card. Pre-reg. req. Bldg D 776-6602 ●
- **Round Robin Readings** 7/5-26 Sun 7:30pm $1 see 7/5
- **Friday Evening Poetry Film Series** 7/3-31 Fri 7:30pm $2 see 7/3
- **Poetry Film Workshop** Basic course taught by George Aguilar. Call for syllabus & dates.

Textile Design Classes & workshops by Teliha Draheim. Bldg C 258-0342
- **Break Into The World Of Textile Design** 7/30-10/1 Thur 7:15-9:45pm $350 see 7/30
- **Portfolio Class** 5/19-9/22 Tue 7:15-9:45pm $350

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Please call (415) 441-5706 for information, Monday through Saturday, 9am to 5pm.

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FORT MASON CENTER

Fort Mason Foundation: office in Landmark Building A, open Monday through Saturday, 9am-5pm. Closed Friday & Saturday, July 3 & 4.

Founded in 1976

All events are presented through the cooperation of the Fort Mason Foundation.

24-hour recorded message of information about Fort Mason Center activities and events: call 441-5705.

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RAMP & ELEVATOR ACCESS at Fort Mason: With advance notice, arrangements can be made for people with mobility impairments and wheelchair-users. Call 441-5706.

RESIDENT DIRECTORY

Fort Mason Center houses over fifty resident organizations. These groups can provide you with information on printmaking, broadcasting, river rafting, freelance writing, theater, marine ecosystems, copyrights, the recording business and much more. Visit the offices to find out what services, speakers, classes, or trips these outstanding Bay Area groups have to offer.

BUILDING A

City Celebration, Inc. (474-3914)
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Greens Restaurant (771-6222)
Perception Gallery (388-4331)
SF Craft & Folk Art Museum (775-0990)
SF Folk Music Center/Plowshares Coffeehouse (681-7966)
SFMMA Rental Gallery (441-4777)
Tassajara Bread Bakery 2 (771-6330)

BUILDING B

Arts Arbitration & Mediation Services (775-7715 or 775-7200)
California Tomorrow (441-7631)
City College of SF Art Center at Fort Mason (561-1840)
Cooks & Company (673-4137)
Earth Drama Lab (441-4441)
Life On The Water (885-2790 office, 776-8999 box office)
Marine Exchange (441-6600)
Ploughshares Fund (775-2244)

BUILDING C

ArtHouse (775-7200)
Book Bay Bookstore (771-1076)
California Lawyers for the Arts (775-7200)
Environmental Traveling Companions (474-7662)
Friends of the River (771-0400)
The Fund for Animals (474-4020)
Make-A-Circus (776-8477)
Museo ItaloAmericano (673-2200)
National Center for Financial Education (567-5290)
Performing Arts Workshop (673-2634)
SF African American Historical & Cultural Society (441-0640)
SF Children's Art Center (771-0292)
Young Performers Theatre (346-5550)

BUILDING D

Blue Bear School of Music (673-3600)
Friends of the SF Public Library (771-3777 or 558-3857)
Magic Theatre (441-8001 office, 441-8822 box office)
Media Alliance (441-2557)
Computer Access (771-7133, 771-1671)
Mexican Museum (441-0404 gallery, 441-0445 office)
National Poetry Association (776-6602)
Western Public Radio (771-1161)

BUILDING E

Associates of the J. Porter Shaw Library (556-9870)
Earth Island Institute (921-3140)
Lifeline Marine Research (775-6497)
Marine Mammal Fund (775-4636)
Oceanic Society Expeditions (441-1106)
Sailing Education Adventures (775-8779)
SF Maritime National Historical Park
- Headquarters (556-3002)
- Collections Storage Facility (556-1659)
- Historic Documents Department (556-9876)
- J. Porter Shaw Library (556-9870)

Yacht Racing Association of SF Bay (771-9500)

PIERS

PIER 1
BayKeeper (567-4401)
National Liberty Ship Memorial SS Jeremiah O'Brien, offices (441-3101)
Resource Renewal Institute (928-3774)
- Green Century Project
- Water Heritage Trust

PIER 2
Bayfront Gallery (441-5706)
Cowell Theater (441-5706)
Herbst Pavilion (441-5706)

PIER 3
Festival Pavilion (441-5706)
National Liberty Ship Memorial SS Jeremiah O'Brien, east dock (441-3101)

UPPER FORT MASON

Bay & Franklin Street entrance

BLDG. 1
Fort Mason Officers Club (441-7700)

BLDG. 101
National Park Police (556-5801) (emergencies: 556-7940)

BLDG. 111
SF Conservation Corps (928-7322)

BLDG. 201
Golden Gate National Park Assn. (776-0693)
Golden Gate National Recreation Area (GGNRA) Headquarters (556-0560)

BLDG. 204
Gulf Of The Farallones National Marine Sanctuary (556-3509)

BLDG. 240
SF International Hostel (771-7277)

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